



A Senior Secondary school of BCM Foundation Affiliated to CBSE, New Delhi Sec-32A, Chandigarh road, Ludhiana

www.bcmschools.org

Rotate in Values, Ready for the future

21 July 2025

Campus Connect

No Bags, Just Brains: A Day of Learning Beyond Books

The Primary Wing celebrated a "Bagless Day" with immense joy and enthusiasm. The initiative aimed to provide students with a break from routine academics and foster experiential learning through creative, engaging, and hands-on activities.

As the young learners walked into school without their regular school bags, their faces lit up with excitement and curiosity. The day was thoughtfully planned to include a wide range of fun-filled and skill-building activities that stimulated both their minds and bodies.

Some highlights of the day included:

- Art and Craft Corner where students made vibrant paper crafts and origami.
- Music and Dance Session where children danced to lively tunes and explored musical instruments.
- Pick snd Perform- Where students showcased their spontaneous talent.
- Indoor Games and Brain Teasers that encouraged teamwork, problem-solving, and logical thinking.

A major highlight of the day was a special movie show organized in the auditorium. The young audience thoroughly enjoyed watching ageappropriate, motivational films that delivered strong messages in an entertaining way.

The Bagless Day was not just a break from textbooks, but a meaningful shift towards holistic education, helping children explore their interests, develop social skills, and ignite their imagination.













Campus Connect

COURTS OF GLORY: YAMUNA & RAVI HOUSES CROWNED BASKETBALL CHAMPS

BCM School, Chandigarh Road, successfully organized an Inter-House Basketball Tournament on July 19, 2025. The event witnessed enthusiastic participation from all four houses – Beas, Ravi, Sutlej, and Vamuna – showcasing high levels of sportsmanship, team spirit, and competitive energy.

The tournament was conducted under the guidance of the Sports Department and was graced by the presence of the Principal Sir, Vice Principal, and Coordinators. The courts echoed with cheers and house chants, creating a vibrant and spirited atmosphere.

After a series of intense and thrilling matches. The Winners are ******:

- Vamuna House* (from boys) &
- Ravi House* (from Girls)

First Runner ups 🔀:

- Beas House* (from boys) &
- Satluj House* (from Girls)

The Principal appreciated the efforts of all players and encouraged students to continue participating in sports for their overall development. The event concluded with a vote of thanks and loud applause for all participants and supporters.







0161-2225133

BCM SCHOOL, SEC 32A



Campus Connect

Green Colour Day cum Bagless Day Celebrated with Joy



Green Colour Day cum Bagless Day in the Foundational Stage, blending environmental awareness with experiential learning.

Nursery kids enjoyed tortoise colouring and bottle cap art. LKG students created treestamp art, and UKG children crafted with broccoli, promoting creativity and healthy habits.

A grocery corner, mock departmental store, and interactive shopping arcade added real-world exposure through engaging role-play.

Free from school bags, the day was filled with hands-on learning, smiles, and meaningful exploration.



EDUCATIONAL VISIT TO DMC HERO HEART INSTITUTE





Students of BCM School, Chandigarh Road, had the enriching opportunity to attend an educational session on Hypertension and Basic Life Support (BLS) at the DMC Hero Heart Institute. The session, led by Dr. Vishav, began with an insightful overview emphasizing the importance of timely action in cardiac emergencies.

Dr. Shubham demonstrated BP monitoring techniques, allowing students to practice using the apparatus under expert guidance. The session continued with a hands-on CPR training led by Mrs. Tajinder Kaur and Mrs. Manjeet Kaur, where students learned the life-saving steps of Cardiopulmonary Resuscitation using CPR mannequins.

0161-2225133

BCM SCHOOL, SEC 32A



Alumni Connect

A Coding Insight with Mr. Dishant Munjal





BCM School, Chandigarh Road, recently welcomed back its proud alumnus, Mr. Dishant Munjal, a Software Engineer at Microsoft, for an engaging and insightful session on coding. The session aimed to introduce students to the dynamic world of programming, exploring various software tools and the future scope of coding in different fields.

Mr. Munjal shared his inspiring journey—from his school days to earning a degree from NIT Rourkela, pursuing an MS from Georgia Tech. Atlanta, and working with a global tech leader. His practical tips and relatable experiences made the session highly interactive and motivating.

Such alumni engagements help bridge the gap between academic learning and real-world application, inspiring students to dream big and stay updated with emerging technologies.

CALLING ALL BCM ALUMNI!

We're excited to invite our esteemed alumni to contribute to Campus Connect! Whether you'd like to share an article, contribute a creative piece, or conduct a session for current students, we'd love to hear from you.

Mail us at: bcm32a@gmail.com

Let your journey inspire the next generation of BCMites!

0161-2225133

BCM SCHOOL, SEC 32A



Campus Connect

ART OF CROCHET







Students of fashion studies of Class XI have shown their creativity by making crochet articles. Students learned different techniques of crochet like single, double crochet, chain and slip stitch. Students prepared different articles like cushion covers, kahna ji dresses, keychain, roses, bouquet etc students use different colors, patterns helping them express their creativity through handmade design. They learned to appreciate handmade products and understand the importance of slow and mindful creation.



<u>Thought of the day:</u>

"Every day is a new beginning. Take a deep breath, smile, and start again."



<u>Health tip of the day:</u>

Start your day with a balanced breakfast — include protein, fiber, and healthy fats to keep you energized and focused throughout the day.



Book of the day:

"Atomic Habits" by James Clear
This practical guide shows how small, consistent
changes can lead to remarkable results. Perfect for
students, teachers, and anyone aiming to build
better habits.

Editor and Co-ordinator: Ms Sanskriti Verma(Head, Media Department)

0161-2225133

BCM SCHOOL, SEC 32A

